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If you'd like to feature anything in the magazine, we would love to hear from you! Articles should be emailed to **allsaintsmag@gmail.com** by the **15th of the previous month**. We like to keep content varied and interesting so almost anything goes. Please get in touch if you have any questions. Thank you!

ALL SAINTS SERVICES AND OPENING TIMES

Our pattern of services is as follows:

- ★ Morning Prayer takes place Monday to Wednesday at 9.15am in the church and via Zoom for anyone who would like this option.
- ★ A service of Holy Communion is held in church every Thursday morning at 9.30am.
- ★ An 8am service of Holy Communion is held in church on the first and third Sundays of the month (the third Sunday will use the Book of Common Prayer).
- **★** Our 10am Sunday services follow this pattern:
 - First Sunday: Café-style Altogether Worship
 - Second, fourth and fifth Sundays:
 Family Communion with Children's Church
 - ♦ Third Sunday: Morning Worship with Children's Church Note: Children's Church is term-time only
- ★ Each Sunday, we hold 'Tea-Time Church' at 4pm.
- ★ Each Sunday, we record the sermon and this can be found on our YouTube channel: www.youtube.com/@allsaintsguildford



THOUGHTS FROM THE VICARAGE



Easter, more than any other Christian festival, speaks to me of hope – a much needed entity in our world to-day. When we look at our global world, it's easy to feel anxious, fearful, and even despairing. Sometimes, as we look at situations closer to home – in our families, our work-places, our community – we can also feel a sense of anxiety; there's so much we can't control, and which at times feels overwhelming.

The early disciples must have felt all those things as they stood at the foot of the cross on that first 'Good Friday'. All their hopes and dreams had been crushed as Jesus hung before them, along with common criminals and mocking onlookers.

Yet we know that on that first Easter morning there was a dawning of hope, as the disciples ran to the tomb and proclaimed the extraordinary truth, 'He is risen!'. It must have been beyond their wildest imaginings; beyond any previous experience of reality – Jesus was alive. And the power of Christ's resurrection has created a culture of hope ever since – hope for our world, hope for eternity. In Julian of Norwich's words, 'All will be well, and all will be well, and all manner of things will be well'.

As we hold that Easter hope in our lives today it means that no situation is ultimately hopeless, within the love and mercy and grace of God. It's mirrored in this season of spring, where new life bursts from dead-looking trees and branches; and captured in that beautiful contemporary resurrection hymn by Stuart Townend, 'See what a morning':

See, what a morning, gloriously bright With the dawning of hope in Jerusalem Folded the grave clothes, tomb filled with light As the Angels announce, "Christ is risen"

See God's salvation plan Wrought in love, borne in pain, paid in sacrifice Fulfilled in Christ, the Man For He lives, Christ is risen from the dead

I pray that this Easter we will know the joy of hope, as we celebrate Christ's rising once again.

Beverly

MISSION FOCUS: RESKILLED

This year, we are linking into and supporting ReSkilled for the first time.

Here is their latest newsletter explaining who they are and what they do.



ReSkilled Workshop, St Peter's Shared Church, 37 Hazel Avenue, Guildford GU1 1NP

Tel: 07821 198 641 email: piers@reskilled.org

Operating times: Monday - Thursday 9.15am - 2.45pm

You are very welcome to come and visit us – please ring or email beforehand, thank you!

ReSkilled has been set up to help long term unemployed people aged 25+ move towards work using a wood workshop, to raise their confidence and develop transferable work skills. We aim to bridge the gap between individuals' current circumstances and the work/volunteering opportunities that exist.



ReSkilled gained charitable status in January 2019, securing premises in January 2022 and starting to work with participants mid-March 2022. We have ideal facilities for three participants, aided by Piers Rosslyn-Smith (Programme Manager) and a volunteer each day. Everything made at ReSkilled uses wood that has either been reclaimed or donated.

Participants come from Guildford and the surrounding area, our referers being: Homeless Supported Houses; Voluntary Action South West Surrey; Oakleaf Enterprise; Social Prescribing; Guildford's Community Wellbeing Team; and several Home-School Link Workers.

Progress

Whilst this can be hard to measure, participants come back week-on-week so we must be doing something right! With each project there are varying degrees of problem-solving and perseverance, always resulting in satisfaction and a desire to continue. Everyone is happy to work to a high standard, keeping products saleable online (where appropriate) - frequently going beyond expectations.

Wooden Products

We ask participants to alternate between making something for themselves and something for ReSkilled to sell - either from our range (see Etsy.com) or a commission. This is a selection of work that different people have made:



Wine rack in progress



File holders



Small indoor plant holders



Clock



Tea light holders

Commissions

We've had a steady flow of commissions coming in, a popular one recently being flower presses:







They've taken a lot of patience and attention to detail and have been made by someone who hadn't done any woodwork at all before attending ReSkilled.

Getting the word out

From January to March 2024, we have been nominated as one of three projects supported by **Tesco's** *Stronger Starts* funding, i.e. the ones in store that you can use the blue tokens to vote for.

Please ask for a blue token each time you shop at a Guildford Tesco store, put it in our section and ask friends to help us too - thank you!!

Supporting ReSkilled

There are several ways that you can support our work:



- ★ Donating financially if our aims ring true with you, giving a regular amount is really helpful (we can claim Gift Aid too)
- ★ Prayer (see below)
- **★** Buying our handmade products or placing commissions
- **★** Volunteering

As we become more established, we are trying to raise our profile and engage as many people as possible to sign up to giving a **regular amount** - could you give £5 per month? Or even £10 per month?

If you are interested in supporting us financially, please either use the QR code which will take you to our website's Donate page, or go there directly using the link: reskilled.org/donate/

Alternatively, contact our treasurer, William Lowries on wlowries@gmail.com and he can send you standing order and gift aid forms.

We would really value your prayers for the following please:

- ★ For those who have expressed an interest in attending but haven't actually managed to start due to various personal circumstances.
- ★ For participants who have been with us for a while and are trying to make the next step into paid work or volunteering, to find the right connections and opportunities for them to move on.

ALL SAINTS' BABY AND TODDLER GROUP

Term-time on a Friday morning, 9.30am to 11.00am.

Having worked for many years with pre-school children and their families, I was delighted to be able to volunteer as a helper at the All Saints' Baby and Toddler Group that meets in the church on Friday mornings during term time.

The team transforms the body of the church into a variety of play zones featuring climbing equipment, puzzles, slides, a baby area for our very youngest visitors, story book area with comfy bean bags, dressing up clothes, a play kitchen area fully equipped for the budding young Masterchef contestant, as well as a cosy den, a little play town, railway, seesaw and occasionally a craft activity. It is a great time for the grown ups to chat and for adults and children alike to make friends.

We break from play to have drinks and biscuits while the children interact with a story reminding everyone of God's love for us. Following a return to the toys, everyone joins in to tidy up and then sit on a soft rug to sing some songs before leaving for home.

We welcome all little ones and their grown ups to a happy, caring environment and suggest a small donation just to help towards our costs.

If you haven't been to our Baby and Toddler Group yet, just pop in on any Friday morning during term time and come and meet everyone. You will be very warmly welcomed. Also if you know any new mums, dads, grandads, nanas etc., please tell them about us.

I look forward to meeting you in the weeks to come.



Jan Knott



Easter Lílies

If you'd like to remember a loved one this Easter, perhaps you'd like to make a donation towards the lilies decorating the church.

Please put their name and your donation in an envelope in the church post-box opposite the office door, or give to Trish.

Mothering Sunday

AT ALL SAINTS' CHURCH SUNDAY 10TH MARCH

We'll be celebrating at both our noam and 4pm services with posies of daffodils







Elspeth Beard is noted for being one of the first English women to ride solo around the world by motorcycle in the 1980s, a different era before technology.

On **Tuesday 12th March** Elspeth will recount her epic two-and-a-half-year, 35,000 mile solo journey through 21 countries.

Accomplished travel writer Alan Palmer, will give a talk on **Tuesday 26th March** about returning to northern Pakistan in the autumn of 2022, visiting some cherished old haunts and making new discoveries.

The talks will be at Onslow Village Hall, GU2 7QR, starting at 8pm. Visitors welcome. For more info visit **guildfordtravelclub.org.uk** or contact Barbara Rogers on **07899 868128** or **info@guildfordtravelclub.org.uk**



THE BIG PLASTIC COUNT

For one week in March, thousands of schools, households, community groups and businesses will be coming together to count their plastic waste. And you might



like to join in too!

Almost a quarter of a million people took part in The Big Plastic Count in 2022. Together it revealed that almost two billion pieces of plastic packaging are being thrown away a week. This year you can help build even more evidence to convince UK ministers to lead the way at the global talks that could finally phase out plastic pollution for good.

Taking part is easy. There are three simple steps:

- 1. **Register** and you'll be sent a free pack with everything you need (on recycled paper and plastic-free of course!) You can download a pack if that's easier. Here's where you register: thebigplasticcount.com/sign-up
- 1. **Get counting.** Join thousands across the UK and tally all the plastic packaging you throw away for one week 11-17 March. Then submit your results on our website.
- 2. **Know your plastic**. You'll be sent a personal plastic footprint which shows where it ends up. Once all the results are in, they will share the national picture, and the next steps on pushing the government into action.

Please remember, this isn't about feeling guilty about the amount of plastic you use! Too much single-use plastic is produced and there aren't reusable alternatives that suit everyone's needs. Together we're gathering the evidence needed to push for proper action on plastic.

The shortest distance between a problem and its solution is the distance between your knees and the floor.

Anon

A nnual	
P arochial	Sunday 17th March
Church	11.15am in Church
Meeting	

Please join us for our annual meeting to hear about the past year, plans for the coming year and to elect new members to the Parochial Church Council (PCC).

The agenda for the meeting is as follows:

- 1. Notice convening the meeting to be taken as read
- 2. Minutes of the Annual Parochial Church Meeting for 2023
- 3. Revision of the Electoral Roll
- 4. Election of people to the PCC
- 5. Annual reports for the church
- 6. Financial statement for the year ending 31 December 2023
- 7. Appointment of auditor
- 8. Review of safeguarding
- 9. Appointment of Parish Safeguarding Representative
- 10. Year's report by the vicar
- 11. Church Development Plan
- 12. Questions and points of interest
- 13. Closing prayers

The agenda looks long but will only last about an hour and it's a great opportunity to feel fully involved in our church family.

To be even more involved, you might like to consider being on the PCC. We need new PCC members and also we'd love to recruit a couple of Assistant Wardens to support our Churchwardens. If you think you could serve All Saints in this way, please have a chat with Beverly.

We will be electing new members to the PCC as we lose those who have served their three-year term (the members finishing their term this year are pictured below).

You can find role descriptions on our website (under Get Involved - Role Descriptions) and they'll tell you more about the expectations of the roles.

Everyone at All Saints' Church gives thanks to the following who have given their wisdom, time and energy as part of the PCC.

Trish Tye, PCC Secretary



Rob Crossingham



Ed Gillett



Peter Nicholls



Angela Rose



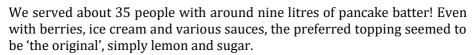
Andy Wells

SHROVE TUESDAY PANCAKE PARTY

Our inaugural pancake party last year was such a success that we didn't hesitate to hold another one this year.

Our chefs were Carolyn, Beverly, Adrian and Christian, with Trish and Julie serving the toppings. (In this picture Carolyn looks like she's talking to a delivery driver!)

Sophie organised some toys and games to keep the younger ones amused.



The evening made £140 for the Big Build fund. Thanks to everyone who came along and we look forward to seeing you again next year!

Trish Tye



EASTER MONDAY WALK



The Mission Vision Group is organising a 'Parish Walk' from All Saints to St John the Baptist church in Puttenham, via St Catherine's, on Easter Monday, **April 1st** .

We will be leaving at 10am and having a picnic lunch at Puttenham. It will be approx. six miles with a shorter route home, or there can be an arrangement to have a car or two to drive anyone back if required.

There is an intermediate stop at Watts Gallery at approx. 11.30am should anyone wish to join in from there.

More details and a sign up sheet will be displayed on the notice board at church during March. Everyone is most welcome to join us on the walk or go directly to Puttenham and meet us there.

CONGRATULATIONS

Congratulations to Sophie, Christian and Dan who were confirmed at St Nicolas' Church on 4th February. Christian was also baptised at this very special service.





THE FIRST FIVE MONTHS...



I'm grateful to be asked by friends at All Saints to reflect a little on my first five months as a bishop... it's been very 'full on' and so it is a helpful exercise to stop and reflect!

There are four words that I'll use as pegs on which to hang my reflections at this stage:

Surprise. I've been very surprised by a sense of déjà vu. I've felt like this before – when I was first ordained 27 years ago. Let me explain. There are three orders in the

ordained ministry of the Church of England: deacon, priest and bishop. People are admitted to each order by an ordination (where the bishop or archbishop lays hands on them and prays for the Holy Spirit to equip them for the office and work of a deacon/priest/bishop). And then they are given the symbols and vested with the uniform of the order.

I was ordained deacon in 1997 and priest in 1998 and so it's 26 years since I last changed my order (even though I've done five different jobs as a priest!). Unexpectedly, I'm feeling very much like I did in 1997 and 1998: a sense of imposter syndrome, combined with feeling a little self-conscious wearing a new uniform (or at least a different colour one!), but great excitement about my new job!

Joy. On the back of my bishop's pectoral cross (which I wear around my neck and which was made for me by a lady from a parish where I was a vicar) are inscribed the last words of St David (I was ordained deacon and priest in St David's Cathedral - where I also served as curate for four years): 'be joyful, keep the faith, and do the little things'.

I haven't had to work very hard at being joyful over the last five months! Whilst there have been plenty of challenges, the daily joy has been the greatest gift. Amongst the most joyful privileges of a bishop, I've discovered, is confirming people. So far, I've presided over three confirmations: in Thames Ditton, Egham, and Charterhouse. It's been inspirational to meet with confirmands before the service and get to know them a little – and particularly hearing their story of faith and the reason they come to confirmation.

I've been especially inspired by younger people who haven't been raised in a Christian household but have found the courage to publicly declare their faith before their family and friends. I've also so enjoyed being alongside parishes during times of celebration (as an archdeacon, I used to peddle the narrative that if a church was celebrating something, they would call for the bishop, and if they were struggling with something, they would call for the archdeacon!).

I much enjoyed opening the new extension to Ottershaw School; blessing the new entrance and toilets in Crondall Church; and blessing a reordering of the west end of St Paul's, East Molesey.

Fulfilment: It was when I read the profile for the new Bishop of Dorking that I thought the Lord might be calling me to consider this role. Amongst the key parts of my new job is being the episcopal champion in the diocese for three areas of ministry: children and families; vocations and the environment. I really couldn't write a more exciting job description!

I realise now that one of the aspects of ministry I missed as an archdeacon was work amongst children and young people. I'm so enjoying spending time in schools. It's my aim to get round all the [83] church schools in the diocese as soon as I can. I'm starting with the early invitations and have been massively impressed with the standard of collective worship in all the schools I've visited (always led by children), alongside the Christian values that are tangible when you walk into so many of our schools. I'm also excited about the Youth Catalyst Project which has now begun, and I enjoyed visiting Andy in Dorking Priory School and Ollie in Christ College, Guildford as they help to create a space for young people to explore Christian faith.

I've also much loved connecting with ordinands again (those exploring a possible calling to ordained ministry). I'm passionate about leading a culture in which we are more proactive about helping people to explore God's call on their lives – whatever that might look like. And, as part of creating a space for supporting people to do this, I'm thrilled that our LMP (Local Ministry Programme) has launched the FiM (Foundations in Ministry) course which helps people to take first steps in studying theology alongside support to consider God's call on their lives.

Thirdly, I'm very much looking forward to ensuring that we make our contribution, as a diocese, to reducing our carbon footprint as much as we possibly can. This is a missional imperative – that, as custodians of creation, we do all we can to stop and reverse the damage that we have already done to creation. For me, these three areas are deeply rooted in the heart of God's mission and our current needs as a diocese and wider church and world. With God's help, I will do all I can to ensure that we work together for transformation in each of these areas.

Love: One of the greatest gifts of this calling for me is to remain in a diocese

that I have grown to know and love. In previous new jobs, I have been challenged not only with a new task but getting to know a new territory and new people. In this new post, whilst I am on a fast-learning curve in terms of my role, I give thanks that the geography and people are fairly familiar by now! In each post to which I have called in the past, a common experience has been to receive (I believe from God) a love for the people I have been called to serve. My love for this diocese and its people is great, and I give thanks to God that he has called me to continue serving here – albeit in a different capacity. I'm equally grateful to my colleagues and the people of the diocese (including all my friends at All Saints) for all their encouragement and support which makes the task so much easier.

Before my consecration as a bishop last September at Westminster Abbey, Archbishop Justin said this: 'You cannot bear the weight of this calling in your own strength, but only by the grace and power of God. Pray therefore that you may be conformed more and more to the image of God's son, so that through the outpouring of the Holy Spirit, your life and ministry may be made holy and acceptable to God'. I've known this to be true of all callings.

I've also come to realise that one of the most important prayers in the church is 'Come Holy Spirit'. As I make that a regular prayer of mine, perhaps I might encourage you to do so too...for we all minister and give not in our own strength, but in the strength of the one who always supplies our lack and equips us for the task - our Lord and Saviour Jesus Christ.

+ Paul, Bishop of Dorking

All Saints' Church Hall

is available for children's parties on Saturday and Sunday afternoons. We offer a 4 hour party package for £82 (bouncy castle not included)



bookings.allsaints@gmail.com



Saturday 16th March, 12pm-4pm

Safeguard Coaches are hosting a free birthday party at Guildford Cathedral. The free event is celebrating the company's 100 year anniversary and will include a complimentary ride on a heritage bus.

The celebration will run on Saturday March 16th between 12 noon and 4pm. On top of the free bus ride attendees will be able to buy an exclusive centenary celebration booklet, proceeds from which will support The Fountain Centre at the Royal Surrey County Hospital. This has been chosen by the Safeguard team who lost a cherished member of staff to cancer last year.

A fleet of six buses will be running trips on the day. Due to the lack of parking they will also ferry visitors to the Cathedral from Onslow Park & Ride as well as from Park Barn which Safeguard Coaches has served since it was built in the 1950's.

Throughout the afternoon, there'll be heritage bus trips looping around Park Barn or into town and back operated by a collection of the old fleet and other classic buses. At the Cathedral there will be family entertainment including activities, music, community stalls, a display of vehicles old and new, and food to purchase.

Guildford's Mayor will be in attendance, alongside BBC journalist Dave Guest who will host, and local historian David Rose who will give a presentation.

GREETINGS FROM UKARUMPA, PAPUA NEW GUINEAI

After a period of study leave, we are glad to have our friend Beth Fuller back in Papua New Guinea. Beth is a Scripture Use worker in the Aitape West Translation Project and we are her 'support team'. This involves taking care of any practical needs, such as sending needed items to her remote work location when there are flights heading that way.



This photo was taken at a Trauma Healing workshop. Beth is teaching about emotions we push down (with bottles labelled anger, fear, shame) and how they can forcefully shoot out of our lives and hurt others. She taught how to lament these strong feelings to God as a part of

the healing process.

Beth was excited to see God healing and helping people at the recent Trauma Healing workshops. Here are some of the comments from the participants:

- ♦ "You taught us how to forgive and carry our burdens to Jesus."
- ♦ "I learned that when difficult things happen to me, God is not far away from me; He is close to me, and He will help me."
- One translator, who had lost his sister to suicide a few weeks before, said, "I learned many good things in this course. In lessons one to five, I lost many tears. In lessons six to nine, I felt I regained my strength."

Please pray with us:

- ♦ For the Trauma Healing course that Beth Fuller is helping to lead this week (Monday Friday) in the Pou language group.
- ♦ For the forming of translation committees in each of the eleven languages that are part of the Aitape West Translation Project. Please pray for the language communities as they decide who will make up these groups of people supporting translation, literacy work, oral Bible storytelling and Scripture use in their language area.
- ♦ For the parents who signed up for the 'Sensitive and Intense Kids' course that I (Clare) am facilitating until the end of February. So far,

it's been a really encouraging time.

♦ For Andrew's mom, who has been struggling with health difficulties for many years. Please pray for wisdom for Andrew's parents as they seek further advice.

Many thanks,

Andrew and Clare Koens, with Levi, Heidi and Eowyn



Choral Evensong with the Collation and Installation of the Archdeacon of Surrey

Sunday 17th March, 6.00pm

Join us in the Cathedral for Choral Evensong which will include the Collation and Installation of the Archdeacon of Surrey, Revd Canon Catharine Mabuza.

To attend, please book a free ticket at:



The service will be live streamed through the cathedral's YouTube channel.



Only Jesus

(John 19:17, 1:4)

Carrying the cross by Himself
He went out.
Sent out,
Yet choosing to go.
Word of life,
Choosing death,
Knowing the end from the beginning,

Carrying the cross by Himself He went out. The only one who could, The only way He could, He went out To the Skull Place, For me.

Daphne Kitching

SERVICES FOR HOLY WEEK & EASTER



10am Family Communion with

Children's Church,

processing from the top of Vicarage Gate at 9.55am

6.30pm Choral Meditation on the Passion



9.30am Holy Communion

8pm Holy Communion with

foot washing

9-10pm Vigil



10.30am 'Walking with Jesus to the Cross' An all age outdoor service in the field. Followed by hot cross buns!

12 noon'The Watch' in church. Watching

-3pm with Jesus through creative

prayer



5.45am Sunrise Service

An outdoors communion with a fire. Followed by breakfast at the

Vicarage.



10am All Age Family Communion

Followed by an Easter Egg Hunt

for the children.



TOBY - A CHORAL SCHOLAR AT ALL SAINTS

Hi all, my name is Toby and I am the new choral scholar at All Saints Church. I joined last October, and it is high time that I introduced myself properly to the church. Firstly, I should thank all of you for being so very welcoming and helping to brighten my Sundays. There is nothing like getting the morning right and starting Sundays at All Saints, it is a highlight to my day. Each week it warms me greatly to join such a kind and friendly community.

As for myself, I spend most of my time practising music, studying, exercising and sleeping. I have done some wonderful things in my life, travelling to many different places. I have been to many churches and cathedrals and even sung in some of them for concerts and services; multiple across Britain from Newcastle to the south coast, several in Paris and Rome, one in New Zealand, and even the Vatican. Even with all these experiences I find I have never grown as a musician and a person so much as whilst at All Saints, and it has only been a few months with you all.

As you may already know I am currently working on a music degree at the University of Surrey. I have a keen interest in how one learns new things, given my lacking, yet improving, capabilities in that department. I am determinedly developing new skills and learning new things every day at univer-

sity to help progress into the wider world as a better man. It helps that I remain in contact with those who are in the wider community beyond university. Going to All Saints helps keep me cognisant of the outside whilst in my own little insular bubble, and encourages me to look to that which is truly meaningful; the people around us.

Overall, I am thankful to have been brought into the choir of All Saints' church and especially for the people that it has encouraged me to meet. With each conversation, meeting, and gathering I feel lighter, more myself, and truly I thank you all for welcoming me into your church each week.

Toby Loeffen-Ames

BIG BUILD UPDATE



A geotechnical survey has been carried out and the preliminary results shew that there is little difference in the ground make up across the whole site. A detailed report is expected at the end of February.

The team has now agreed that the proposed bandstand area will not go ahead. This means that an exterior wall with windows will be built across the previ-

ous entrance to the library area. The whole of the library and chapel will then be demolished. Visitors to the church will notice a heavy duty polythene screen has been erected for the time being.

Elevation drawings of the proposed church structure have been received from the architect and will be displayed in the church foyer. At the same time new layout drawings were received which, having been scrutinised by the team will need some modifications.

It was agreed that the entrance to the new chair store from inside the church would be one larger opening rather than two separate doors. In the new foyer area it was realised that more space might be necessary, and a bigger entrance from there to the church was required. Exact details to clearly define these changes will be discussed with the architect.

The Community Audit, which is being conducted by face to face meetings, is gradually being completed. So far, thoughts have been expressed on a wide range of community needs such as the establishment of a hot food kitchen, support for loneliness and the opportunities for the engagement of young

people. These views are helping to shape the final design of the new facilities we can offer.

Fundraising has started with a games afternoon and a pancake party. Both events attracted members of the parish and the local community. Further events are being planned and will be held throughout the year.

Robin Holdsworth

30 YEARS SINCE THE ORDINATION OF WOMEN

It was 30 years ago this month, on 12th March 1994, that the first 32 women were ordained as priests in the Church of England. The service was officiated by Bishop Barry Rogerson at Bristol Cathedral.

Bishop Rogerson ordained the women in alphabetical order, so Angela Berners-Wilson was the very first woman to be ordained. She was a university chaplain.

The youngest woman to be ordained that day was aged 30. The oldest was 69. By 2004, ten years on, one of the women priests had died, and 14 had retired.

Bishop Rogerson reckoned it would take ten years before the first woman would be ordained as a bishop. In the end, it took 21 years.

Then Libby Lane was ordained the first female bishop in the Church of England. She became Bishop of Stockport, a suffragan bishop in the Diocese of Chester.



Angela Berners-Wilson

The first woman to be ordained a diocesan bishop was the Rt Revd Rachel Treweek, Bishop of Gloucester, appointed on 26 March 2015.

There are currently 25 women bishops in the Church of England.

parishpump.org.uk

MY MUM: FRIEND INSPIRATION PROTECTOR SUPPORTER

In celebration of Mothering Sunday on 10th March, we asked three people in our parish to talk about their mothers, and how their own lives have been shaped by them.

Angeline Lee: It feels a bit strange writing this to tell you about my Mum, because most of you already know her, but I'm more than happy to have an excuse to tell you (or remind you) just how brilliant she is. My Mum came to England when she was 19 to visit her sister who was working over here. I believe the original plan was for a six-month holiday to see the world before returning to South Africa (as the baby of the family, I'm sure her Mum was keen for her to get back!) but on her first



night here she went out with some of my Auntie's work colleagues and met my Dad. Suffice to say, she didn't go back after six months!

Growing up, my Mum was a huge inspiration to me. She was kind and fair, but firm too - something I now try to emulate with my girls as I always knew she'd keep me safe and I want them to know that feeling too. She was always steady, which might sound like a strange compliment but that's a great gift to give a child; knowing that you're a consistent and reliable presence in their life. She always kept busy and was great at volunteering her time (as you might have noticed!) which taught us how important it is to help others - I'm now a Scout leader and my brother's a school governor. The school trips she volunteered to help with are the ones I remember most clearly, so that's another thing I've tried to emulate with my girls.

Speaking of my girls, she is now a great Ammar (two-year-old Mary's pronunciation of Grandma) to them and to their cousins too. I'm so pleased we've been able to move to Guildford to live closer to one another, and the fact that my girls have referred to Mum and Trish's home as their second home tells me that it was absolutely the right decision.

Zoë Young: My mum is my best friend. She's taught me everything from how to make a perfect roux sauce to an enjoyment of poetry. She's also shown me how to learn from the wisdom of those who have gone before. She's my rock, and I love her so much.

Sue Jones: A few thoughts on my Mum: A great encourager; be self-

motivated and 'have a go' would probably be a good maxim. A creative soul; Mum was always sewing when we were young – dresses, skirts, tops – copying patterns brilliantly. My Sindy and Daisy dolls were so well dressed! (I dabble in her wake – attempting a bit of upholstery at the moment.) A keen amateur gardener; roses and clematis trailing along the walls, always busy in the garden with pots of this and that. Once I had a garden of my own the baton was passed. I love to spend time outside nurturing and re-imagining the flower borders, adding new features, and together, a trip to a beautiful garden is always a good day out.

MOTHERING SUNDAY AND MOTHER CHURCH

The Fourth Sunday in Lent was called 'Mid-Lent' or 'Refreshment Sunday', when the rigors of Lent were relaxed more than was normal for a feast day. It is called Mothering Sunday as a reference to the Epistle reading for the Day (Galatians 4:21-31). The Lenten Epistles follow from each other with teaching about our life as Christians and how we are to follow Christ.

On Mid-Lent Sunday the Epistle talks of bondage and freedom; the bondage of the Law and the Old Covenant as compared to the freedom in Christ, "the promised one", and the New Covenant. Verse 26 reads "But Jerusalem which is above is free, which is the mother of us all." We gain our freedom from Christ and, as it was seen before the Reformation, the Church.

Thus, Mothering Sunday is about the freedom that we gain through the promise of Jesus Christ delivered through our Mother the Church. People were encouraged to go to their 'Mother Church' (their home church or their home Cathedral) to worship and give thanks. Hence apprentices, and others, went home for the weekend and often brought gifts (or accumulated pay) home to their family.

On the other hand, Mother's Day is a secular festival invented in 1904 and is celebrated on the 2nd Sunday in May in most countries in the world. The UK seems to be the exception. In recent years Mothering Sunday has been hijacked to take the place of a special, secular day to give thanks for our mothers.

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RULES OF LIVING WELL AFTER 60

The King is 75. Last year he had 516 engagements, and before his recent diagnosis for cancer, he had no intention of slowing down. Instead, he was keen to be 'back up and running' as soon as possible after his prostate operation. Was he right?

"Absolutely he was – you shouldn't slow down," says Sir Muir Gray, 80, former chief knowledge officer for the NHS. "Ageing exists as a normal biological process but until the age of 90, it has little effect on your ability to look after yourself, engage with others or get about independently. In fact, paradoxically, as we get older, we need to become more active – physically and mentally. Ageing doesn't make you feel old – disease and loss of fitness will."

A study from the Yale School of Public Health found that people who had positive ideas about their own ageing ("I have as much pep as last year") lived for an average of 22.6 years after they first participated in the study, while the people who felt less positively about ageing, lived for just 15 years more on average.

Of course, getting older does involve some loss of energy. But slowing down a bit is never something to be ashamed of, and getting enough rest is the very cornerstone of leading a good life.

Exercise is also crucial as we get older. Focus on the four Ss: stamina, strength, skill (balance) and suppleness. Maintain your stamina by brisk walking every day for 30 minutes.

When you are ill, get up again as soon as you reasonably can. Otherwise, you are at risk of 'deconditioning syndrome', a physiological decline where muscle strength can decrease dramatically if you are over 70.

Thoughtfully review your personal life balance. Try to find the 'sweet spot' between activity and rest. Gray advises: "If you're only doing activities, you are inevitably going to burn out. But if you only rest, you will become sedentary and you're more likely to fall ill, feel disconnected and lonely."

Finally, don't run on a hamster wheel of someone else's making. This Lent, before God, rethink your real purpose and calling in life. And live it!

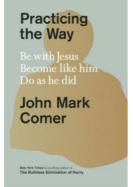
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BOOK REVIEWS

Practicing the Way - Be with Jesus. Become like him. Do as He did

By John Mark Comer, SPCK, £16.99





Do you feel like there's more to life than this? You're right. This book will help you discover and cultivate the countercultural practices to connect you with a vibrant lifelong faith.

John Mark Comer, the New York Times bestselling author of *The Ruthless Elimination of Hurry and Live No Lies*, shows readers what is holding them back from authentically following Jesus - and reveals the countercultural practices to connect us with a vibrant lifelong faith.

We all have experienced unwanted parts of our spiritual journey: distance from God, gaps in our character, the fear that our lives will be trivial and empty... Jesus is calling us into more. Calling us to be shaped in His likeness. To experience His abundance of life.

But how, practically, can we do that? By becoming His apprentice. By practising the Way.

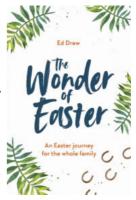
Outlining the timeless process of being with Jesus, becoming like Him, and living as He did, bestselling author and pastoral voice John Mark Comer delineates God's vision for the journey of our soul.

The Wonder of Easter - an Easter journey for the whole family

By Ed Drew, 10Publishing, £5.86

This flexible, easy-to-use Lent devotional will allow the whole family to celebrate the limitless wonder of Easter. It is a discussion-based resource with differentiated questions for 3-4s, 5-7s, over 7s, teens and adults.

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It can be read in the Bible in Exodus 2:13-4:23,4:27-5:2

A short story from the Bible

Moses: a Hebrew adopted by an Egyptian princess. He killed an Egyptian who was beating a Hebrew slave, and hid the body.



Why are you beating up one of your own people?



Moses had to run away from Egypt.

He went to Midian, got married and looked after his father-in-laws sheep.

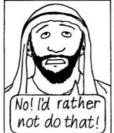


One day, on Sinai Mountain, he saw a burning bush that didn't burn up Now God had got Moses' attention, He said...



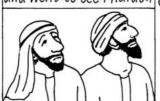
You will go to Pharaoh and tell him to let my people leave Egypt







Aaron and Moses met up



Our God says you must let and went to see Pharaoh all his people leave Egypt.



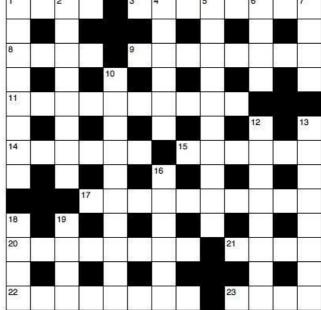
Your God means nothing to me. I will never change my mind. Your people can never leave!



PUZZLE PAGE

CROSSWORD

Answers on page 36



Across

- 1 Made from the fruit of the vine, symbol of the blood of Christ (4)
- 3 'You are to set an ambush behind the city. Don't go very far from it. All of you be on — ' (Joshua 8:4) (3,5)
- 8 Seep (4)
- 9 Celebrated by Jesus on the night of his betrayal (Luke 22:15) (8)
- $11\ \mbox{One}$ of the supposed sites of Christ's burial place in Jerusalem (6,4)
- 14 'A city on a hill be hidden' (Matthew 5:14) (6)
- 15 He inherited Elijah's mantle (2 Kings 2:12–13) (6)
- 17 Where Jesus prayed 'Not as I will, but as you will' (Matthew 26:36, 39) (10)
- 20 'Only in his home town and in his — is a prophet without honour' (Matthew 13:57) (3,5)
- 21 Sail (anag.) (4) 22 How Jesus was punished before his crucifixion (Matthew 27:26) (8)
- 23 Eye sore (4)

Down

- 1 Can't grow (anag.) (5,3)
- $2\,$ A servant girl to Peter, 'You also were with that , Jesus' (Mark 14:67) (8)
- 4 Well-being (Proverbs 3:8) (6)
- 5 Pentecostal denomination, of God (10)
- 6 One of the 'obvious' acts of the sinful nature (Galatians 5:19, 21) (4)
- 7 'I preached that they should repent and to God' (Acts 26:20) (4)
- 10 ' — , the world will not see me any more, but you will see me' (John 14:19) (6,4)
- 12 He betrayed Jesus: Judas (Luke 6:16) (8)
- 13 Jesus to Peter: ' — of my sheep' (John 21:16) (4,4)
- 16 The centurion said, 'Surely this man was — of God' (Mark 15:39) (3,3)
- 18 Baked bread (Mark 8:14) (4)
- 19 'Blessing and honour, glory and power, be Him' (Handel's Messiah) (4)

SUDOKU

Solution on page 36

				9		5		4
	1	2		8		6		
								9
8		6			2		4	
	4		3			7		8
5								
		8		7		3	2	
6		3		5				

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Crossword answers (grid on page 33)

ACROSS: 1, Wine. 3, The alert. 8, Ooze. 9, Passover. 11, Garden Tomb. 14, Cannot. 15, Elisha. 17, Gethsemane. 20, Own house. 21, Lisa. 22, Flogging. 23, Stye.

DOWN: 1, Wrong act. 2, Nazarene. 4, Health. 5, Assemblies. 6, Envy. 7, Turn. 10, Before long. 12, Iscariot. 13, Take care. 16, The Son. 18, Loaf. 19, Unto .

Sudoku solution (grid on page 34)

3	6	7	2	9	1	5	8	4
9	1	2	5	8	4	6	3	7
4	8	5	6	3	7	2	1	9
8	5	6	7	1	2	9	4	3
7	3	9	8	4	5	1	6	2
2	4	1	3	6	9	7	5	8
5	7	4	1	2	3	8	9	6
1	9	8	4	7	6	3	2	5
6	2	3	9	5	8	4	7	1

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WORSHIP AND READINGS

	8am	10am	4pm
3rd March 3rd of Lent	Holy Communion Exodus 20:1-17, 1 Corinthians 1:18-25 and John 2:13-22	Café-style Altogether Wor- ship Exodus 20:1-17, 1 Corinthians 1:18- 25 and John 2:13-	Tea Time Church Exodus 20:1-17, 1 Corinthians 1:18-25 and John 2:13-22
10th March 4th of Lent and Mothering Sunday		Family Communion with Children's Church Exodus 2:1-10, 2 Corinthians 1:3-7 and John 19:25b-	Tea Time Church Exodus 2:1-10, 2 Corinthians 1:3-7 and John 19:25b-27
17th March 5th of Lent and Passiontide be- gins	BCP Communion	Morning Worship with Children's Church Jeremiah 31:31-34, Hebrews 5:5-10 and John 12:20-	Tea Time Church Jeremiah 31:31- 34, Hebrews 5:5 -10
24th March Palm Sunday		Family Communion with Children's Church Mark 11:1-11, Psalm 118:1-2,19- end	6.30pm Choral Meditation on the Passion Psalms 61,62; Zechariah 9:9- 12 and 1 Corin- thians 2:1-12



	8am	10am	4pm
28th March Maundy Thursday	9.30am Communion		8pm-10pm Communion and Vigil Exodus 12:1-4(5 -10)11-14; 1 Corinthians 11:23-26 and John 13:1- 17,31b-35
29th March Good Friday		10.30am Walking with Jesus to the Cross (outside on the field)	12noon-3pm The Watch
31st March Easter Day	5.45am Sunrise Service Genesis 1:1- 2:4a, Exodus 14:10-end 15:20-21, Isaiah 55:1-11, Zepha- niah 3:14-end, Romans 6:3-11 and Matthew 28:1-10	All-Age Communion Acts 10:34-43, 1 Corinthians 15:1- 11 and Mark 16:1- 8	(No Tea time Church)



DATES FOR YOUR DIARY: MARCH

-	
Friday 1st, 9.30am	Toddler Group
Monday 4th, 10am	Pastoral Team Meeting
Monday 4th, 12.30pm	Women's Bible Study Group
Tuesday 5th, 7.30pm	Altogether Worship Planning
Wednesday 6th, 10.30am	Men's Coffee Morning
Wednesday 6th, 7.45pm	Lent course - week 3
Friday 8th, 9.30am	Toddler Group
Friday 8th, 3pm	Friday Group
Sunday 10th	Mothering Sunday
Monday 11th, 7.15pm	PCC Meeting
Wednesday 13th, 12.30pm	Wednesday Lunch Group
Wednesday 13th, 5pm	Mission Vision Group Meeting
Wednesday 13th, 7.30pm	Lent course - week 4
Thursday 14th, 7.30pm	Young Adults Study Group
Friday 15th, 9.30am	Toddler Group
Saturday 16th, 8.30am	Prayer Breakfast
Sunday 17th, 11.15am	APCM
Sunday 17th, 5.30pm	Youth Group
Monday 18th, 12.30pm	Women's Bible Study Group
Monday 18th, 2pm	Hearing Clinic
Monday 18th, 3pm	Hard of Hearing Group
Tuesday 19th, 10am	QE Easter Service
Wednesday 20th, 10am	QE Easter Service
Wednesday 20th, 2pm	Dray Court Service
Wednesday 20th, 7.30pm	Lent course - week 5
Friday 22nd, 9.30am	Toddler Group
Friday 22nd, 3pm	Friday Group
Saturday 23rd, 10am	Orchard Project Volunteer Morning
Sunday 24th	Palm Sunday

Monday 25th, 7.30pm	Big Build Steering Group
Thursday 28th	Maundy Thursday
Thursday 28th, 7.30pm	Young Adults Study Group
Friday 29th	Good Friday
Sunday 31st	Easter Sunday

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